

## COMPLETE MEALS

BEEF LASAGNE 16 0Z \$9.56 36 0Z\$11.62

A slow-cooked beef and tomato ragu sandwiched between fresh pasta and our secret béchamel sauce, and topped with mozzarella and parmesan cheese.

BEEF RAGOUT 36 OZ \$11.27

Choice beef simmered in a rich stock with fresh vegetables, served with creamy mashed potato and sautéed spinach.

CHICKEN CURRY 16 0Z \$7.07 36 0Z \$8.12

Tender boneless chicken packed with a mild curry flavour and stewed with diced carrots and potatoes served over white rice and sweet plantains.

PULLED PORK 36 0Z \$8.96

Seasoned with a spiced rub, slow-cooked and topped with a mild jerk jus, and served with sweet potato purée and braised red cabbage.

SEAFOOD PIE 16 0Z\$11.21 36 0Z\$16.47

Fresh catch and plump shrimp in a classic roux sauce and fresh herbs all topped with buttered, parsley mash.

SPAGHETTI BOLOGNESE 16 0Z \$8.03 36 0Z \$9.46

A rich, slow-cooked bolognese sauce with minced beef served over spaghetti.

VEG LASAGNE 16 0Z \$8.10 36 0Z \$11.00

Layers of our homemade tomato sauce, roasted peppers, eggplant and spinach sandwiched between fresh pasta and topped with mozzarella.

VEGAN COCONUT CURRY 36 0Z. \$9.78

Aromatic, creamy coconut curry with eggplant, garbanzo beans, cauliflower and fresh tomatoes served with brown rice and sweet plantains.

CAYMAN STYLE BEEF 16 0Z \$7.56 36 0Z \$9.35

Slow-cooked shredded beef seasoned and spiced with scotch bonnet and served with rice n' peas, local breadfruit and cassava.

MAHI RUNDOWN 36 0Z\$10.24

Local mahi mahi poached in a spicy coconut sauce, served with white rice and sweet plantains.

COTTAGE PIE 16 0Z \$7.98 36 0Z \$11.98

Minced beef slow-cooked with red wine and thyme, covered with creamy, cheesy mashed potato.

## MEALS WITHOUT SIDES

CHICKEN TIKKA 21 0Z \$8.14

Chicken breast pieces marinated with yoghurt, lemon and paprika in a creamy tomato sauce.

LIL' CHICKEN BITES

16 0Z \$6.00

Chicken breast, bread crumbs, parmesan cheese, eggs, flour, salt and pepper.

COQ AU VIN 36 0Z \$10.31

Succulent leg of chicken cooked slowly in red wine with back bacon and mushrooms.

CHILI CON VEGGIE

A classic, rich bean chilli packed with flavour and plenty of your 5 a day.

VEGAN THAI GREEN CURRY

21 0Z \$7.68

Aromatic, creamy mild curry made with chickpeas, carrots, bell peppers, baby corn and zucchini.

## SIDES

SWEET POTATO AND PUMPKIN

16 0Z \$7.35

Mashed sweet potato, local pumpkin, olive oil, sea salt and cracked black pepper.

MAC N CHEESE

16 0Z \$5.78

36 0Z \$8.21

Classic macaroni with cheddar and parmesan cheese sauce.

POTATO GRATIN

16 0Z \$5.78

36 0Z \$7 99

Thin slices of potato covered in a rich cream, garlic and cheddar cheese sauce topped with parmesan cheese.

## DESSERTS

APPLE CRUMBLE

16 0Z \$6.86

Juicy apples, thinly sliced and slowly baked beneath our homemade golden crunchy crumble.

STICKY TOFFEE PUDDING

16 0Z \$6.10

Fluffy all-butter sponge with dates and a deliciously sticky toffee sauce.

PASSION FRUIT CHEESECAKE

16 0Z \$7.25

A slice of light and fruity cheesecake with a passion fruit glaze and thin biscuit base.

Check BOXED.KY for portion sizes and nutritional information